

Taste-Safe PlayDoh



Ingredients

2 Cups of flour
1/2 cup table salt
2 tbsp cream of tartar
1 tbsp melted coconut oil
1 Cup boiling water
Food coloring

*optional sprinkles, gems, sparkles etc



Directions

1. In a bowl combine flour, salt, cream of tartar; mix well
2. Add coconut oil
3. In a separate bowl combine hot water & food coloring.
4. Slowly add water to the dry ingredients. I suggest 1/4 cup at a time and mixing inbetween.
5. Once everything is combined, take the dough out onto lightly floured surface and knead until no longer sticky. While kneading you can sensory extras like oats, crumbs, dried flowers and leaves. Non-taste safe items like sparkles and gems.

Wait until completely cooled and store in a ziploc or airtight container

If dough starts to crystallize, hold under water for a couple seconds and knead until soft